

**COMMUNITY BASED PROJECT
AVAILABLE TO DELIVER SESSIONS
IN YOUR CHOSEN LOCATION**

**ALLOWING OPPORTUNITIES FOR
PEOPLE OF ALL AGES TO
EXPERIENCE A HOLISTIC APPROACH
TO WELLNESS**

**MEDITATION
DRUM HEALING
SOUND HEALING
REIKI
MASSAGE
REFLEXOLOGY
HERBAL TEAS
THERAPEUTIC ART**

**AND GREAT
CONVERSATIONS!**

**OUR SESSIONS CAN BE TAILORED
TO SUIT YOUR GROUPS NEEDS**

