



Friday 5th September 2025

Dear Sir/Madam,

REQUEST FOR FUNDING - ARRAN LOCALITY PARTICIPATORY BUDGETING

We would like to apply to run a day of cookery classes for Island families - using sustainable produce to create budget friendly meals, perfect for batch cooking for the freezer. We deliver cookery classes and workshops to all kinds of organisations and school groups and have had excellent feedback from previous family cookery sessions - and we would be delighted to deliver a session for families on Arran.

Participants would take part in interactive demonstration, where they can learn new recipes as a family to create hearty meals like stews, pies, pastas, soups and roasts that bring everyone to the table—plus tips for adapting dishes to suit all ages. Families would build essential skills like measuring, mixing, seasoning, and timing, with guidance tailored to both adults and children. The sessions focus on sustainability, with cost effective meals that can be batch cooked and frozen, supporting families to prepare for any produce shortages which can affect Arran during bad weather.

The hands-on cookery class is designed for families who want to reconnect with food in a positive way. We believe that the kitchen is the heart of a home - and cooking together and sharing what you have made with friends and family can be a powerful way of tackling social isolation during the colder months.

As far as possible our recipes will make use of readily available and affordable ingredients, as we understand that the cost of living crisis is affecting island communities extremely hard. We would like to share ideas for things that can easily be made at home, helping families reduce reliance on expensive premium products which may be in short supply at times.

The classes would be open to families including children aged 6+ with adult supervision. Numbers for sessions will be dependent on venue capacity - 6 families would maximise reach whilst protecting the personalised nature of the session.

Here is a little more information about the organisation and what we do:

Hi People CIC is a not for profit organisation operating across Scotland - passionate about supporting people to learn new skills, and get into work. Our team at Hub International are hospitality and tourism industry experts, passionate about sharing their skills with the next generation and showcasing careers in the sector. Our team works directly with referral partners such as Thriving Communities, DWP and individual Jobcentres to encourage eligible candidates to engage with training and development programmes local to them. Our training programmes are intended to capture the attention of anyone over age of 16 and unemployed with an aim to maximise inclusion, as per the ethos of 'No one left behind'. We find that this mix of ages and backgrounds works really well and we also work with community groups and schools as much as we can; sharing that passion for people as far as we can.

We are fortunate enough to run courses in North Ayrshire, taking in cohorts of people from the local area, giving them new insight and inspiration, teaching them new skills, helping them gain qualifications, all while confidence-building. This happens through on the job experience with our local employer and industry partners - supporting the candidates to ready themselves for real work opportunities. Our programme 'Key Workers' are there every step of the way, supporting our students through the training, CV building, additional training, and into work or further education. The courses are open to anyone looking to start work, get back into work, and especially beneficial to anyone who may find themselves inactive and unsure what positive steps were available to them. The collaboration with local tourism and hospitality businesses also allows us to tailor training opportunities to suit the local demand for staff, filling the gaps in the workforce and ensuring the best possible job opportunities for the students.

We would love to be able to visit Arran and engage with local families and pass on some of the passion for food and hospitality that drives our team.

I have also included a link to a video in our application which introduces Hi People CIC and should give you a flavour of who we are and why we would love to bring a family cookery session to the island.

We appreciate your consideration and look forward to answering any questions that you may have.

Best wishes,

Claire Bryan
Hi People CIC
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